



**Republic of Rwanda
Ministry of Sports**

GUIDELINES ON SPORTS ACTIVITIES ALLOWED TO RESUME IN PERSPECTIVE OF THE COVID-19

Pursuant to resolutions from Cabinet Meeting held on June 2nd 2020 on measures related to the prevention of COVID-19 in Rwanda and progressive resumption of social and economic activities;

The Ministry of Sports in close collaboration with the Ministry of Health, is issuing the following guidelines for resumption of certain sports activities with strict compliance to safety measures to prevent the spread of COVID-19 infections.

The non-contact outdoor sports activities allowed to resume are:

JOGGING, ATHLETICS, INDIVIDUAL PHYSICAL FITNESS OUTDOOR EXERCISES, HIKING, CYCLING, GOLF, TENNIS, FENCING, MOTOR SPORTS, BADMINTON.

SAFETY HEALTH MEASURES

1. Wearing face mask before and after sports/exercise session is a must.
2. Hand sanitizers must be carried all the time during outdoor sports and physical exercises and be used whenever necessary;
3. Strict respect of social distancing of at least 1,5m between individuals in outdoor physical exercises

PROGRESSIVE RESUMPTION OF SPORTS ACTIVITIES

1. The Ministry of Sports informs the general public that the above mentioned sports activities will resume starting **Monday June 8th 2020.**
2. These measures will be reviewed after 15 days upon a health assessment.
3. Every sports organization (Federations, Associations) in collaboration with the Ministry of Sports, shall issue safety measures specific to its discipline before the activities resume, and shall inform its members.

4. Daily cleaning and sanitizing of training facilities using recommended detergent for floor, equipments and stationnaries. Chlorine is recommended for cleaning of door knobs;
5. When using sports outdoor sports facility, each individual is strictly requested to have his/her own sports equipment and avoid sharing or side placing with others.
6. Individuals with the following symptoms are not allowed to practice sports or physical exercises in Public but rather consult health services **(symptoms such as, flu, cold, fever, cough, sneezing, headache).**

4. Additionally, the Amahoro Stadium's compound (pourtour) will also be open for the mentioned sport activities with strict compliance to health safety measures.

Done in Kigali, on June 4th, 2020



MUNYANGAJU Aurore Mimosa
Minister